

## Gesamtübersicht aller Läufe der 26. PSV Winterlaufserie

[illegible]

Name	Vorname	20. Nov	27. Nov	04. Dez	05. Dez	11. Dez	12. Dez	18. Dez	19. Dez	15. Jan	16. Jan	22. Jan
Brillo	Carolin	00:57:00		01:00:01						01:01:33		00:59:06
Brillo	Ann-Christin	00:29:13		00:29:27								
Brömsen	Matthias	00:30:27	00:30:43	00:30:37		00:29:49		00:30:45		00:28:45		00:28:39
Brückner	Meike	01:21:49	01:21:41	01:22:20					01:26:54	01:19:46		
Brüngel	Stefan	00:41:09	00:40:56	00:42:04		00:39:19	00:38:59				00:41:20	00:40:12
Buberti	Andrea	01:06:44	01:03:23					00:32:47				00:35:55
Buberti	Sophie											00:36:30
Büngener	Ingo		00:43:48		00:51:33	00:41:30	00:41:54	01:38:17		00:43:00		00:42:26
Busch	Dustin					00:27:47						
Büse	Johannes			01:21:40								
Caninenberg	Ute		01:46:34	01:51:52				01:54:59		01:48:11		01:49:12
Caninenberg	Jens		01:41:35					01:55:01				
Christoph	Gudrun		00:59:34	01:01:38		00:57:34		01:02:01				
Czech	Axel			00:52:37								
Dieckhoff	Jörg	00:30:21	00:28:16	00:29:50		00:31:07		00:31:34				
Doert	Gabriele	00:21:09	00:21:05	00:22:09		00:21:54		00:21:48		00:21:25		
Dohmann	Bianca	00:31:28	00:30:54			00:34:49		00:34:35				00:32:22
Domke	Angela		01:40:53									
Dörenkamp	Anton		02:03:08	02:11:34				02:10:57		02:02:21		01:52:04
Dörffler	Christoph	00:49:05	00:51:57	00:51:28			00:47:34		00:54:35	00:49:53		00:49:28
Dörrier	Willi	00:28:31	00:27:01	00:27:44		00:28:15		00:28:32				
Dörrier	Gisela	00:41:38	00:40:13	00:40:27		00:40:03		00:39:58				
Dörries	Katja	00:37:45		00:38:21		00:37:43				00:37:48		
Dorusch	Elke		00:53:27	00:59:54	01:12:15	00:29:02		00:55:19	01:05:22	02:01:29		
Drescher	Frank			00:30:42						00:29:11	00:29:19	00:28:53
Drese	Evi		00:26:57							00:27:15		00:26:49
Drese	Werner		00:52:18							00:24:57		00:24:05
Drese	Felix									00:29:45		00:36:57
Drese	Johanna		00:40:09									00:36:58
Drewes	Kerstin		00:24:58	00:25:10		00:25:18		00:26:00				00:24:11
Drobnik	Thomas	00:56:05		00:57:02		00:56:10		00:58:40				00:56:53
Droste	Michael			02:00:15		01:50:00		02:03:04				
Drüke	Franz	01:20:35	01:23:12	01:18:50		00:27:22		01:18:56		00:25:23		01:23:00
Drüke	Marcel		00:22:44			00:22:02						
Dülberg	Tobias											00:39:40
Dülberg	Beate											00:39:41
Ebeling	Frank	00:56:21		00:57:40		00:52:22		01:00:38				
Ebeling	Luca	00:25:20				00:26:38						
Ebeling	Rudolf	00:58:57	01:00:41	01:01:29				01:04:15		01:02:30		00:59:41
Eilers	Jörg	00:50:55	00:51:11	00:52:23		00:49:36				00:53:13		00:52:22

Name	Vorname	20. Nov	27. Nov	04. Dez	05. Dez	11. Dez	12. Dez	18. Dez	19. Dez	15. Jan	16. Jan	22. Jan
Eishold	Jessica	00:35:53										
Esser	Dr. Peter	01:26:26	01:26:27	01:28:46	01:47:45			01:34:20			01:28:06	
Fiehl	Ursula	00:51:06										
Fiehl	Karl-Heinz	00:59:25		01:01:24		00:58:01						
Förster	Ricarda	02:12:14				02:08:27						
Foster	Thorsten	00:54:04	00:52:22					00:57:49		00:54:34		00:53:23
Frehse	Tessa		00:24:48		00:26:33						00:25:04	00:23:57
Frehse	Anna		00:23:45		00:30:02						00:25:49	00:23:55
Friedrich	Kirsten	00:40:56	00:37:03		00:43:38						00:35:17	
Fromme	Erich	00:48:33	00:48:31	00:50:53		00:47:19	00:47:21					00:48:48
Fromme	Volker	00:26:57	00:28:54	00:30:53		00:30:07		00:30:34		00:28:15	00:30:14	00:27:01
Gebauer	Klaus Peter	00:49:58		00:50:38		00:48:36		00:51:34		00:50:58		00:50:41
Geese	Rainer	01:43:30		01:47:44		01:35:05				01:38:33		
Genrich	Florian				02:14:28					02:05:24		00:56:09
Gerling	Carsten	00:50:20	01:46:36	00:53:57			01:35:47		01:47:29			01:38:28
Giefers	Christoph	01:44:37				01:36:48						
Goldschmidt	Tobias	00:50:08		00:52:46								
Golüke	Werner	00:54:06	00:54:31	00:59:55	01:08:19			01:02:41	01:05:24	02:01:30		00:54:25
Gömann	Gerd	01:53:26					00:51:23	00:54:15	00:58:41	00:52:20	01:59:22	00:53:59
Gömann	Tobias	00:41:38	00:40:13	00:40:28	00:43:57	00:43:03	00:41:07			00:39:53	00:40:38	
Gömann	Felix	00:52:36	00:23:24	00:53:18	00:24:06					00:24:02	00:22:21	
Gömann	Maja	00:31:40	00:31:06	01:09:20	00:34:00					00:31:32	00:31:39	
Görries	Michael		00:28:35		00:30:49	00:27:07		00:28:41	00:28:03		00:28:18	
Götze	Tobias											00:39:07
Graefe	Grit	00:28:57	00:28:54	00:29:23		00:29:12		00:29:46		00:29:17		00:28:08
Gregor	Heidi	00:41:56		00:44:36						00:43:35		
Grießer	Hartmut		00:25:16	00:25:08							00:25:36	00:26:08
Grimm	Sandra	00:51:43					00:53:51			00:56:46		
Grimme	Katrin	01:00:29	01:00:59	01:01:36					01:05:46	01:02:45		01:01:23
Grimme	Hannelore	00:41:49	00:41:48	00:42:43		00:43:33		00:44:02		00:42:17		
Grobe	Jens		00:55:58									
Gromsch	Ilse	00:32:38	00:31:42	00:32:43							00:33:17	00:32:31
Gromsch	Hans-Jürgen	00:28:53								00:33:05	00:32:17	00:30:33
Gronstedt	Holger	00:26:28	00:52:36		00:59:57			00:54:54		00:51:15		00:49:27
Großkopf	Holger			00:35:56								
Grüner	Adalbert						00:26:51	00:26:15	00:36:07	00:25:12	00:26:09	00:24:51
Grüner	Lukas						00:25:59	00:26:10		00:25:15	00:24:26	
Grüner	Cosima								00:36:07			
Gundelach	Benjamin	00:20:06	00:20:30	00:20:44		00:20:46		00:20:46		00:20:14		
Haase	Tobias			00:20:04		00:20:37						00:19:45

Name	Vorname	20. Nov	27. Nov	04. Dez	05. Dez	11. Dez	12. Dez	18. Dez	19. Dez	15. Jan	16. Jan	22. Jan
Haase	Jessica		00:27:04			00:27:21						
Habermann	Andrea	01:04:19	01:08:01	01:14:10	00:38:01						00:36:45	
Harsing	Markus		00:53:02	00:55:08								00:55:45
Hartmann	Guenther		00:30:29	00:30:56	00:33:27					00:30:19		00:29:45
Heckel	Katia		00:56:26									
Heidemeyer	Elke	01:13:49	01:12:09	01:12:12		01:11:02		01:08:28		01:18:24		
Heim	Joshua	00:25:17	00:25:02		00:28:29		00:25:00		00:26:57	00:27:08	00:26:19	00:26:02
Heinze	Hardi	00:30:44		00:31:40			00:32:00				00:32:48	00:32:07
Heise	Achim		01:25:07									01:33:17
Heise	Sonja	01:54:46	01:52:47									02:02:28
Held	Simon									00:52:20		00:49:12
Held	Niklas	00:47:31	00:46:53							00:45:22		00:45:19
Helling	Michael	00:59:34				00:58:32		01:03:53		01:02:34		01:01:01
Helmker	Detlef		00:51:09	00:50:21				00:50:43		00:49:47		00:48:01
Henke	Hans - Heinrich		00:58:57	01:04:38			00:58:35	01:08:24				01:05:05
Herwig	Ingrid		02:06:49	00:59:21		00:55:55		01:08:47		01:00:51		00:58:55
Hesse	Jörn	01:17:18		01:21:20		01:16:10				01:21:19		01:17:18
Hesse	Frederic		02:03:29	01:43:00						01:46:38		01:29:23
Hettmann	Sascha	00:41:37	00:41:34	00:43:58		00:40:44		00:44:55		01:37:56		00:43:34
Hettmann	Michelle	00:29:10	00:30:00			00:29:16				00:27:55		
Hildebrandt	Elisabeth							00:34:30				
Hinderlich	Ehrenbert		00:34:43							00:35:11		
Hinrichsen	Alex		00:48:27				00:47:01	00:49:08				
Hoblitz	Sebastian					00:50:45						
Hofmann	Regina		01:06:14		00:37:32				00:39:38			
Hofmann	Wolfgang	00:58:00	00:57:03	00:59:58								
Hofmann	Andreas	00:53:17		00:54:41								
Hogrebe	Jork							00:57:54				00:54:21
Hohm	Friedrich		01:14:56	01:14:36		01:10:20		01:17:13				01:12:56
Holtbrügge	Cornelia	00:27:11	00:26:11	00:27:20					00:29:10			
Holtbrügge	Tim	00:24:04							00:28:19		00:24:41	00:24:33
Holtbrügge	Jan	00:27:04	00:25:15						00:31:19		00:25:17	00:26:00
Holzgreve	Hermann	01:41:48	01:42:11	01:45:20		01:41:01		01:56:50		01:44:09		01:42:43
Hoppe	Ingo											
Hoppe	Lukas	00:57:00		00:46:51						01:01:33		00:59:07
Horstmann	Rita	00:59:33	00:59:18	01:03:55		00:58:18		01:03:23		01:02:42		01:01:02
Horstmann	Gerd Olaf	01:32:27	01:30:53									
Hülsmann	Regina	00:29:23				00:31:41		00:30:58		00:29:23		00:28:43
Hupp	Guido											
Hupp	Nathalie							00:22:52	00:25:10	00:21:51	00:21:55	00:21:38

[illegible]

Name	Vorname	20. Nov	27. Nov	04. Dez	05. Dez	11. Dez	12. Dez	18. Dez	19. Dez	15. Jan	16. Jan	22. Jan
Kreykenbohm	Wilhelm	00:54:16	00:56:10			00:55:41		00:57:56		00:58:21		
Krüper	Lisa	01:08:43	01:09:36									
Kumlehn	Gisela	00:41:35	00:41:42	00:42:02				00:44:02				
Kumlehn	Björn	01:43:30		01:49:23				01:44:52		01:40:58		01:36:16
Kunz	Matthias		00:33:45	00:32:20				00:31:01				00:31:00
Kunz	Phillipp		00:33:45	00:34:20				00:35:45				00:33:51
Laabs	Thomas	00:29:09		00:28:55		00:29:15		00:28:24		00:28:35		00:27:36
Lange	Jörg		00:46:37	00:47:35		00:45:09		00:50:27				
Lange	Manuela	00:57:09	00:57:06	01:00:33		00:54:42		01:01:00				
Lange	Margot		01:22:16	01:19:59		01:14:18		01:21:37		01:21:39		
Lange	Kevin	00:58:01	00:56:32			00:56:09		00:59:08		00:58:53		00:57:52
Lange	Heiko			00:55:32		00:50:04				00:50:39		00:48:16
Langohr	Maik	00:34:28		00:29:21						00:32:38		00:34:06
Laureyns	Hendrik											00:28:34
Leschik	Klaus			01:36:50		01:33:26				01:42:56		01:42:03
Lichtenhahn	Christoff	00:29:31								00:30:42	00:30:40	00:29:59
Liehe	Guide											00:39:43
Lindhorst-Göma	Annette	01:04:57	01:05:50	01:12:01	00:34:49	01:04:34	00:32:46			01:08:40	00:41:30	
Linnemann	Jonas	00:18:30	00:19:09	00:19:09						00:18:40		00:19:14
Litzenberg	Karin					00:45:00		00:43:15		00:46:56		00:42:37
Loges	Hermann	00:46:25	00:24:12	00:46:56		00:44:56		00:24:56		00:45:45	00:45:22	00:43:47
Loges	Fabrice	00:27:28				00:28:01		00:29:14				00:30:55
Lowitzki	Heike			01:07:40		01:05:17		01:08:32		01:06:50		
Lücke	Dirk	00:57:41				00:55:36						
Lüke	Josef											00:46:48
Lüke	Marius											00:39:21
Lüke	Johanna											00:41:36
Maaser	Klaus		00:58:39			00:56:38			01:03:41	01:00:20		
Mackeldey	Carsten					00:37:47						01:30:43
Malinowski	Jürgen	00:53:51										
Markus	Ernst		00:29:58							00:31:48	00:30:54	
Matthes	Frank			00:45:43		00:47:35						
Matthes	Katja		00:41:05			00:43:08						
Matthes	Miriam		00:45:44									
Mau	Thomas	00:54:11	00:54:11		01:00:41		00:52:50	00:56:35		00:55:50		00:55:31
Mau	Moritz									00:30:06		
Mau	Mareike	00:33:19					00:36:12			00:36:08		00:33:00
Meier	Lars			01:02:29								
Meier	Michael	00:22:36	00:21:49	00:22:42		00:22:22	00:22:35			00:57:03		
Meier	Lars		01:39:16	01:35:02		01:29:56		01:36:52		01:32:34		01:29:33

Name	Vorname	20. Nov	27. Nov	04. Dez	05. Dez	11. Dez	12. Dez	18. Dez	19. Dez	15. Jan	16. Jan	22. Jan
Meier	Franziska		00:32:11	00:32:09		00:32:05		00:31:56		00:32:53		00:30:58
Meiners	Deborah	00:25:02	00:24:33									
Meise	Ansgar											00:46:49
Meise	Kurt		00:29:30	00:29:25						00:31:01		00:28:28
Meister	Michael					00:41:53		00:42:36		00:41:37	00:42:27	00:40:09
Melambiotis	Ike	00:56:11										
Melms	Thorsten	00:51:10	00:52:37		00:56:01	00:55:38		00:51:26				01:38:12
Melms	Sarah	00:35:20	00:37:02	00:34:48				00:37:58		00:34:32		
Memis	Ihsy											00:50:59
Menke	Gabi	00:53:35	00:52:54			00:51:08		00:56:31		00:53:06		01:01:04
Mense	Rainer	00:33:28		00:38:02	00:31:36			00:34:34	00:30:29			
Mense	Raphael	00:33:27		00:38:01				00:36:00			00:34:33	
Meyer	Heike	00:33:13	00:32:06	00:33:25		00:36:51				00:33:55		
Meyer	Hermann	00:25:22				00:26:42				00:26:54		00:25:37
Michalek	Laura	00:31:41	00:31:08			00:32:33						00:31:21
Michel	Gerhard									01:43:25		
Micus	Dr. Thomas	00:56:54	01:01:47			00:33:47						
Micus	Wilhelm	01:15:35										
Micus	Dr. Rüdiger					00:33:45						
Micus	Sandra	01:01:37	01:01:46							01:06:38		01:03:02
Micus	Maximilian	01:04:05	00:29:01	00:31:59				00:29:09		00:27:54		
Missing	Julia			00:25:31		00:25:49		00:25:55		00:25:05		00:23:53
Möller	Mario									00:42:52		
Mönkemeier	Noemia		00:57:28									
Müller	Rainer	01:44:38		01:46:19		01:36:47				01:39:18		01:37:30
Müller	Josef	01:38:40	01:36:12							01:39:11		01:39:47
Müller	Gitta		01:03:54					01:12:07		01:07:03		01:04:36
Müller	Maria	00:36:26		00:36:43		00:37:16		00:37:50		00:39:05		00:36:52
Müller	Christof	01:51:08										
Müller	Anna-Maria	00:31:59										
Müller	Jennifer	00:44:08	00:46:03							00:45:54	00:46:32	
Müller	Jared	00:47:55	00:48:29		00:57:30	00:47:58	00:46:53		00:52:44	00:46:01	00:50:15	00:46:14
Müller	Juliette	00:29:01	00:27:54		00:32:25		00:29:15		00:32:48	00:28:07	00:29:57	00:27:44
Müller-Lüke	Christa	00:58:42	00:57:57	00:59:51						01:02:26		01:00:37
Multhoff	Elke	00:56:37	00:57:47	00:58:59		00:54:25		01:00:37		00:57:06		00:58:24
Mußmann	Kai		00:41:28									
Nagel	Heinrich	01:04:11		01:04:51								
Nahrwold	Dirk			00:23:29								
Nessau	Ilona							00:39:40	00:41:04	00:39:52		00:39:22
Nessau	Nico					00:27:15		00:27:39	00:27:56	00:25:57		

[illegible]



Name	Vorname	20. Nov	27. Nov	04. Dez	05. Dez	11. Dez	12. Dez	18. Dez	19. Dez	15. Jan	16. Jan	22. Jan
Risto	Bernd	00:49:10	00:50:07			00:51:28		01:02:59		00:53:06		00:52:48
Risto	Barbara	01:06:03	01:04:29	01:07:40		01:02:08		01:11:41		00:33:55		00:32:36
Robelski	Susanne	01:01:43	01:01:56	01:05:03				01:06:22		01:02:44		01:00:36
Roche	Jan-Philipp		00:18:32									
Rogas	Siegfried	00:49:13	00:48:42	01:01:40				00:53:15	01:05:48	00:51:11		01:01:26
Rohlfing	Holger		00:50:08				00:49:12		00:55:05			
Rohlfs	Hermann	01:41:16	01:44:27									
Roll	Frank		00:57:44							00:59:20		
Roll	Sabine		01:54:56							01:59:16		
Rolser	Yvonne		01:09:37									
Roth	Olaf		01:43:02	01:45:54		01:39:53	01:43:11	02:01:23		01:50:59		01:47:32
Rüsing	Hans	00:55:15	00:55:36		01:05:19		00:55:44	00:59:50		00:57:22		00:56:53
Rüther	Hannah	00:30:45	00:29:08	00:28:56						00:28:37		00:28:12
Sander	Tamara			00:54:16		00:49:50			00:56:21		00:50:46	00:49:58
Schäfer	Celina											
Schaper	Ulrich			01:54:46		01:45:49		01:53:43		01:57:43		
Scheifhacken	Dennis			00:49:18		00:44:44					00:45:02	00:46:12
Scherer	Andreas	00:43:46	00:44:54					00:46:58				
Schliephake	Katrin	00:57:50	00:56:54	00:59:12		00:56:36		01:01:20		00:59:59		00:28:30
Schliephake	Julia	00:24:11	00:23:38	00:24:40		00:25:00		00:25:40		00:24:59		00:24:37
Schmidt	Yolanda	00:31:41	00:31:09	00:29:48		00:32:32						
Schmitz	Fred	00:54:30					00:53:55			00:56:50		
Schneider	Diethelm	00:37:24				00:38:04				00:38:53	00:37:07	
Schneider	Birgit		01:16:07			01:13:59	01:12:28		01:21:49			
Schneider	Philipp	00:25:36				00:27:49				00:27:27	00:26:23	
Schneider	Lukas	00:25:34				00:27:48				00:27:27	00:26:24	
Schneider	Felix	00:25:34				00:27:50				00:27:28	00:26:22	
Schnug	Katharina	01:03:40	01:02:33	01:07:54		01:00:28						01:08:39
Schönhütte	Benjamin	00:21:43				00:21:31				00:21:47		00:20:51
Schoppmeier	Martin					00:40:45	00:38:51	00:42:18		00:40:20	00:39:54	00:38:49
Schrader	Irmgard	00:58:06	00:57:56			00:57:03		00:59:50		01:00:05		00:57:49
Schreiber	Constanze		00:30:14	00:30:08		00:29:54		00:31:02		00:29:44		00:28:51
Schroth	Eike		00:21:37	00:21:57								00:21:35
Schüler	Martin	00:59:46	00:59:43	01:01:09			00:59:14	01:05:34		00:25:45		01:09:25
Schulte	Sabrina					00:27:21						
Schulze	Ulrich		00:28:10			00:31:28				00:29:10		00:28:40
Schwake	Marcel	01:48:37	01:45:48	01:48:34				02:00:37				
Schwarze	Bodo	00:58:03	00:58:19			00:58:56						
Schwiete	Friedhelm					00:26:27			00:26:12	00:25:01	00:24:30	00:24:24
Schwietzke	Kurt	00:56:31	00:55:47	00:56:56							00:58:26	

Name	Vorname	20. Nov	27. Nov	04. Dez	05. Dez	11. Dez	12. Dez	18. Dez	19. Dez	15. Jan	16. Jan	22. Jan
Schwietzke	Jan	00:46:32	00:49:00	00:47:25					00:50:39			
Seck	Niklas											00:25:56
Severin	Niklas	00:27:10		00:32:00								
Seydler	Jörg		00:51:07	00:52:09		00:50:51				00:51:54		00:50:41
Sieg	Peter	00:29:20		00:30:38		00:29:50		00:29:53				00:29:29
Sieg	Heike		00:34:06	00:33:27				00:36:17				
Sieg	Robin		00:29:31			00:31:37				00:34:28		00:32:57
Sieland	Alexander							00:44:08				
Siepler	Simone	01:40:58						01:50:25		01:44:06		01:39:13
Siepler	Carsten	00:30:03										
Singer	Emilie	00:49:11		00:51:32								00:53:58
Soares	Fernando	00:51:20	00:53:07	00:52:38		00:51:21		00:59:12		00:27:14		
Soares	Luca		00:22:59	00:23:08		00:23:02		00:24:35		00:22:37		
Sonnenberg	Dietrich	00:45:33										
Sonntag	Birgit	01:01:25		01:01:48			00:58:42			01:02:52		01:00:15
Sonntag	Marvin			00:57:45			00:58:22			00:57:03		
Spendrin	Hans - Joachim			01:14:10		01:10:21	01:10:00			01:13:00	01:11:54	01:09:25
Spoddig	Uwe	00:30:12	00:31:05					00:35:12		00:31:49		00:29:36
Steffens	Silke	01:07:06	01:10:47	01:13:11						01:12:58		
Steffens	Oskar	00:24:44	00:24:19	00:24:53				00:24:14		00:24:48		00:23:49
Steinberg	Franz	01:48:00										
Steingräber	Klaus	01:16:08	01:15:09	01:15:39				01:17:34		01:15:28		01:12:57
Steins	Hubert		01:52:05	01:52:02				01:59:14		01:55:12		
Stenzel	Frank	00:53:25	00:56:54	00:59:13		00:51:40		01:01:21		00:55:36		00:52:49
Stimpel	Burkhard	01:00:59	01:00:54			00:32:27				01:01:26		00:29:00
Strauß	Thomas	00:55:34	00:56:26	00:58:21		00:56:51			01:00:27			00:26:13
Streeß	Katrin	01:37:01										
Struck	Josef									01:21:47		
Struck	Leonie			00:41:41		00:37:28				00:37:27		
Struck	Valerie			00:28:21		00:27:48		00:29:36		00:27:44		00:26:54
Struck	Rene									01:30:42		
Surmann	Christopher	00:21:58				00:23:01		00:22:48		00:25:10		00:23:54
Talke	Michael	02:03:57	01:48:46		01:49:08	01:41:47		01:48:16		00:53:13		
Talke	Karl August	00:56:08	00:56:07			00:56:52		01:00:29		00:58:09		00:57:55
Thale	Uta	00:59:24	00:58:46			00:58:00			01:04:24			00:57:45
Tharra	Thabea					00:26:37		00:29:13	00:28:58	00:27:08		
Tharra	Juliane			00:41:42		00:29:36		00:29:54	00:30:57			00:27:39
Thiemann	Tim			00:23:45				00:27:15		00:23:54	00:24:50	00:22:50
Thiemann	Alina		00:21:48	00:22:42				00:23:15		00:22:47	00:23:11	00:21:27
Thor	Thomas									00:56:58		00:55:02

Name	Vorname	20. Nov	27. Nov	04. Dez	05. Dez	11. Dez	12. Dez	18. Dez	19. Dez	15. Jan	16. Jan	22. Jan
Timmer	Reinhold		01:50:00	01:51:10								
Timmermann	Stella	00:32:05	00:31:43			00:34:13					00:34:11	
Timmermann	Lisa			00:25:44		00:26:10					00:27:12	00:25:09
Timmermann	Jan		00:23:45	00:24:30		00:25:09						00:25:35
Trompke	Stefan	01:46:34	01:40:41			01:38:14				01:41:08		
Überdick	Stefan		00:57:51									
Vandevyvere	Katia	00:31:07	00:29:13	00:30:41			00:30:54			00:28:31	00:29:12	00:29:19
Venker	Dennis	01:42:36		01:50:18				01:41:40		01:37:57		01:30:44
Versen	Dietmar	00:43:59	00:21:01	00:47:10		00:21:16		00:23:00		00:20:49		00:43:48
Vogt	Hans-Georg			00:57:41						00:56:09		00:55:53
Volacek	Jörg							00:33:37				
von Heesen	Petra		01:40:54									
Voß	Reinhard		01:48:08			01:45:09						01:49:40
Wagemann	Uwe	00:26:11	00:26:11	00:25:48		00:25:58		00:26:30		00:25:30	00:25:28	00:24:49
Wagemann	Kea		00:23:12	00:23:50		00:24:13		00:25:20		00:23:33		
Wagemann	Jan-Erik	00:23:28	00:23:30			00:23:17		00:25:21		00:24:24	00:23:12	00:23:02
Wagemann	Rieka	00:24:23	00:23:58	00:25:00		00:25:12				00:24:30		00:24:07
Walgers	Arien					01:26:07	01:26:17	01:54:57	01:37:10	01:29:17		01:29:48
Warnecke	Lars	00:25:21	00:24:25					00:25:26				
Warnecke	Rebecca	00:32:10	00:31:09			00:32:33				00:31:53		00:32:49
Warnecke	Melanie	00:33:11	00:31:10			00:33:59						00:30:12
Warneke	Carlo	00:56:40										
Weber	Edwin										00:32:11	
Wedekin	Maria	01:20:01		01:18:49			01:12:08	01:17:18				
Wedelstaedt	Manfred									00:40:33		
Wehrmann	Wilhelm		01:02:04	01:05:10		01:02:56		01:11:06		00:33:06		
Weigang	Stefan		01:54:02									
Weinholz	Dieter	01:22:29		01:25:31		01:21:30		01:28:00				00:42:04
Weiß	Daniela	01:07:05	00:59:01					01:05:09		01:12:50		
Wendschuh	Thorsten	01:50:47	01:47:50	01:51:38						01:55:47		
Werner	Ronald	00:40:35	00:40:50				00:40:46	00:29:47	00:27:59	00:40:42	00:45:27	00:40:56
Werner	Erich		00:37:38	00:37:52								
Werner	Roland		01:51:22					02:11:17				
Werner	Josefine	00:24:44	00:24:34						00:27:58	00:24:30		
Wiemann	Anna	01:39:51	01:39:22	01:43:34						01:46:37		
Wiemann	Thomas		01:28:22	01:27:50						01:27:59		01:23:59
Wiesbrock	Kerstin	01:21:48	01:21:41	01:22:20					01:26:54	01:19:47		
Wiese-Sieg	Erna		00:42:14					00:45:22				00:43:36
Wilhelm	Eric				01:03:17	00:52:31			00:57:11		00:53:38	01:02:49
Wilhelm	Larysa				01:05:41	00:52:29			01:01:17		00:53:52	00:54:12

Name	Vorname	20. Nov	27. Nov	04. Dez	05. Dez	11. Dez	12. Dez	18. Dez	19. Dez	15. Jan	16. Jan	22. Jan
Winter	Gerd	00:31:47	00:30:35			00:32:32		00:32:30	00:35:15			
Witschorek	Volker	01:50:25										
Wittau	Juliane		02:05:33									
Wittlake	Janina			01:02:16								
Wolf	Martin	00:25:16						00:27:33		00:26:02	00:25:39	
Wolter	Kathrin			02:28:30					02:54:57	02:26:39		02:31:48
Wulf	Martin	01:35:35		01:37:56					01:43:44	01:36:31		01:33:20
Wulf	Simone											00:39:42
Wulf	Bastian	00:41:28	00:41:17					00:44:59		00:42:25		00:41:57
Zimmer	Petra	00:30:02	00:28:51	00:30:41				00:32:06		00:29:45		00:30:20